

SURFCOAST

Words from Sue

Hi All,

Term 2 has finished, unfortunately with a bit of a whimper rather than a bang. However thank you to all our tutors, members and volunteers who pressed on and were able enjoy the last few weeks. We now are enjoying a five week break before we restart on Monday 26 July. The Term 3 Timetable will be released this week with quite a few new programs which we would love you to look at and consider.

These include our First Nations course which is almost full, due to a call for expressions of interest last newsletter; and we welcome back Stephen Leadbeater's Continuing French Course. Please note that this is an advanced French Course and not able to accept beginners. Descriptions of other new courses are included in this Newsletter and I encourage you to get in early!

The U3A Art group members are also participating in the Surf Coast Arts Trail from Friday 6 to Sunday 8 August. The works will be exhibited at the KMCC. Please pop in and enjoy their exhibition if you are able.

Over the past few months the Committee, aided by Judy Meagher and Toni McCormack, have been rewriting our Terms and Conditions of Membership and our Privacy Policy. These have been added to our website on our About Us page. Copies will be available at the Office when we reopen on Friday 23 July.

We are also pleased to let you know that we have received two new grants. The first is a COVID-19 Recovery Assistance Grant from the Surf Coast Shire and this will allow us to obtain a new PC for our Office. The new computer will free up our laptops for class usage by Tutors and members, and will make administration tasks easier for our Office volunteers.

The second grant is from Be Connected, a federal initiative which will help us pay for our wi-fi connection and renew SIM cards for the teaching iPads, amongst other teaching costs.

Thanks to you all for the support and work that has continued under sometimes quite difficult circumstances. You an amazing community of people. Enjoy your term break and we look forward to catching up soon after 26 July. Regards,

Sue Crowe, President

Our Big Fat Poetry Extravaganza

As part of national poetry month, the U3A poetry group will be celebrating with a lighthearted poetry event with games and prizes as well as the launch of members' own poetry in a booklet entitled Wandering & Wondering. The cover of the booklet is donated by artist and member of the group Jean Bohuslay, and Tuckers Funerals kindly did the printing.



The event will take place on Friday 13 August (1.30 - 3.00 pm) at the Senior Citizens building Price Street Torquay. Lovers of poetry (and those not so sure) are invited to attend and join in the poetry writing games. The MC will be local prize-winning author Julie Maclean who will also launch the booklet. Non-members, friends and family are welcome. Because of number limits, please attendance your info@u3asurfcoast.org.au or leave a message on 0435 374 139.

Do you love Australian Football and the Geelong Cats?



We have a special treat for you. Col Hutchinson, Geelong Cats Life Member and Historian, will present a series of three lectures about this highly successful club. Col will take us through lots of the important moments and events involving the Cats over their history, with loads of statistics. Book early as places will be limited.

Hutchinson's love affair with the Cats began in 1958 when he started attending Geelong home games. His 61-year streak of attending Cats home games came to an end in 2020 when fans were not allowed into games due to coronavirus. In February this year he was awarded the Jack Titus Award by the AFL for his service to football.

The lectures are scheduled for 3.30 to 4.30 pm on Thursdays 12, 19 and 26 August at KMCC 12 Merrijig Drive Torquay (just across the road from the Surf Coast Council offices).

'I Contain Multitudes'

This fascinating course is all about appreciating the music of Bob Dylan, and of other artists that led to Bob Dylan being the musician that he is. The course is both old and new. It will follow on from Tim's earlier music courses, mainly watching music DVDs. While Tim will be introducing new material, he will also be replaying material covered previously.

Three quotes from Tim give an insight into the course:

"Music, uniquely among the arts, is both completely abstract and profoundly emotional."

"Without music, life would be a mistake."

"But if you go far enough with Dylan, he'll always lead you back to the old music."

The program will look at the depth and variety of both American music as a whole and at Bob Dylan in particular. Term 3 will start with a look at the multitudes of 'old music' including Appalachian, Blues, Cajun, Jazz, Country, Rock and more. Term 4 will concentrate more on the multitudes contained in Dylan's work.

Understanding Dementia

A special occasional lecture is scheduled for Friday 10 September at 1.00 pm at Senior Citizens Torquay.

The lecture will provide an introduction to dementia including an overview of different types of dementia, diagnosis, planning ahead and how to support someone living with dementia.

You will gain knowledge in:

- types of dementia, signs and symptoms
- the experience of living with dementia
- available services and where to access support

Suitable for: People living with dementia, carers, family members, and people who are concerned they or someone they know may have dementia.

This session will benefit people at various stages of their journey including pre-diagnosis and post diagnosis in the early stages. People who are in the mid and moderate stages of dementia may still benefit from the session. This session is not suitable for people who are in the late stages of living with dementia.

Louise Day, Dementia Counsellor

The U3A Surf Coast Office will be open on Friday 23 July between 10am and noon.

Marg Bath and Robin Loane will be there to help you. Paper copies of the Timetable will be available



Ciao

Learning and having fun is our motto at the U3A Italian Class.

So far we have learnt a bit about the history and geography of Italy and we are trying to converse in all things Italian. This includes introductions, the family, food, celebrations, music, the weather and numbers.

Sometimes we have 'brain fog' trying to get our heads around the le and la and il and i of the Italian grammar. Learning to accentuate the r as in arrivederci makes for a robust skill in portraying the emotion and excitement of this language. We have even enjoyed a fun filled game of 'Tombola'...with prizes!

Our enthusiastic group with our inspiring leaders, Maria

and Edward, went to Tony's Italian Café at Anglesea just before Easter. We enjoyed each others company, practised our Italian on Tony, enjoyed the best



coffee and devoured the best 'deliziosa' cannoli made by Tony. The afternoon was enjoyed by all.

Rosemarie Gregoric.

Organ Recital with Tom Healey

We are very excited to announce that Tom Healey has agreed to do another Organ Recital at St Luke's Church on Tuesday 14 September at 2.00 pm.

Tom is a celebrated organist, choral conductor and singer. He studied organ with John McCaughey, Sergio De Pieri and Douglas Lawrence and at the Summer Academy in Haarlem, along with choral conducting at the Westminster Choir College, Princeton, and with Faye Dumont at the University of Melbourne.

Tom's experience is very extensive - and he is a member of our U3A Art Group with his wife Helen! There will be more information about the actual programme when Tom and Helen come back from their long holiday around Australia. We hope they are having a great trip!

Be Connected

You may have read about the Australian Government initiative to get seniors online. This program, called *Be Connected*, was promoted in the *Herald Sun* on 27 and 31 May, and you may have received correspondence as a Senior Card holder.

The promotion encourages seniors to connect with a suitable *Be Connected* local Network Partner. U3A Surf Coast is a registered local Network Partner, so if you are interested in 'Getting Online' you can work through a range of learning modules on the *Be Connected* website (https://beconnected.esafety.gov.au). Please ensure that you nominate U3A Surf Coast as your Support Centre when registering and log in each time you visit the program modules so that your online learning is recorded. If you require assistance, call Jo Turnbull (U3A Tutor) on 0411 114 950.





We will also be resuming iPad classes in Term 3 starting off with *iPad for Beginners* and then graduating to *Tips and Tricks for the iPad*. Thanks to Be Connected funding we will have a small number of iPads available to borrow if needed.

U3A SurfCoast Committee 2020/21

President: Sue Crowe
Vice President: John Bartlett
Treasurer: Greg Brinsmead
Secretary: Marg Parsons

Committee: Barry Cock, Jennie Deneefe, Richard Drury, Richard Porter, Jo Turnbull, Jennifer Aquilina

Look us up on: www.u3asurfcoast.org.au Contact us on: info@u3asurfcoast.org.au