

# Staying in Touch

February 2023

## Words from Sue

Happy New Year to all Tutors, Members and Supporters and welcome to 2023. Hoping you had a happy and safe break with families and friends.

Term 1 will begin on Monday 13th February. Members of Committee will be present at opening face-to-face classes to welcome you all, hand out class lists and COVID plans and to check if there are any problems. Some ongoing classes have changed venues and times, so please check this. We have a number of new tutors for whom we are very grateful, and we wish them well. We also have quite a number of new members who we also welcome, and we hope you will feel a part of our community organisation as quickly as possible.

Over the break a number of new courses have come forward which we would love you to consider. We also have other courses that are not yet full, and we ask you to support them if you can.

Wishing you all a wonderful 2023, catching up with old friends and making new friends and learning about our amazing world.

Kind Regards  
Sue Crowe, President

## AGM

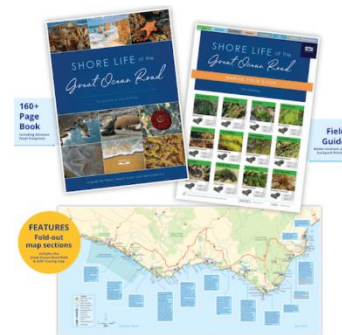
A reminder that our AGM will take place in the first week of term this year on Thursday 16th February at 1.30 pm in the Gittings Room at TIA 12 Price Street Torquay. All members are very welcome to attend. This is a great opportunity to check out our new committee and farewell a few who are leaving us.

## The Office

The Office will be open on Friday mornings between 10 and 12 noon during term. It will also be open on Friday 10th February. This year we welcome Marg Dorizzi who will join Marg and Robin in the office. Please pop in with any questions or problems. Subscriptions may also be paid in cash.

## Something special

U3A Surf Coast has been working with GORH (Great Ocean Road Health) to provide some activities in Lorne to help address some of the isolation issues in the area. These programs will be also offered to our members and this may particularly interest those of you living in Airey's Inlet and Anglesea. Of course all our members are welcome to attend – just enrol as usual to join our friends at Lorne.



Our first Lorne activity will welcome Tim Godfrey, a marine biologist and co-author of *Shore Life of the Great Ocean Road*. Tim will present a lecture, followed by a shoreline stroll along

the Lorne Foreshore on Friday 17th February, commencing with the talk at 10.30am at the Lorne Community House 16 Mountjoy Parade Lorne. Please wear appropriate footwear for exploring the foreshore rocks, BYO hat, sunscreen and water. Tim's book will be available to buy. Enrol through the U3A Surf Coast website.

## Welcome Back!

**Lynne Broughton** will be back in February from the UK. She has just published a book on Lincoln Cathedral and will treat us to a lecture on this fascinating cathedral. Many of our members will remember Lynne from her very popular previous lectures. This talk will be held on Thursday 23rd February 2.30 to 3.45 in the Gittings Room at the TIA. Please enrol and feel welcome to bring an interested friend.

**Digital Photography FUN-damentals.** Last year Roza Marciniak offered a one term course which was booked out. We are delighted to tell you that Roza will offer a course in Terms 1 and 2. If you have a digital SLR that you wish to make better use of, please enrol as soon as possible. Sessions will be held on Tuesdays at 2.00 to 3.30 at Torquay Community House starting 14th February.

### Don't Miss Out

We also have a number of courses which are not yet full and there is still time to sign up.

- **Journey of the Lost Manuscript:** An occasional lecture on Thursday 2nd March 3.15 - 4.30 TIA Gittings Room
- **Trivia:** Thursday 16th February and 16th March 3.45 -4.45pm TIA Gittings Room
- **Strings & Things:** Mondays 10.00 - 12.00. Grant Pavilion
- **Mindfulness & Meditation:** Thursdays 10.00-12.00 TIA Walker Room
- **Tales of the Sea:** Thursdays 2.00 - 3.30 starting 9 March TIA Gittings Room
- **Yoga & Voice for Sound Health:** Fridays 11.00 - 12.15 TIA Gittings Room

### COVID Plan for 2023

At the last meeting the U3A Surf Coast Committee decided to continue with COVID plans in 2023. Whilst not mandated, it seems important to recognise the age of our community and the amount of COVID and its variants in our community.

COVID plans will be distributed to tutors and we ask the following:

- Please wear masks when you cannot socially isolate, such as arriving and leaving classes
- Open any windows or doors to maximise ventilation
- Stay home if unwell and isolate from U3A classes for 7 days if you test positive to COVID.
- Please notify your tutor if you have attended a class and then tested positive. The class will be notified, but your name will not be disclosed.

We would like to thank Jennie de Neefe for her enormous input as leader of the COVID planning group. She has performed a very important and at times arduous role. Jennie will not be re-standing for this position at the AGM.

Check us out: [www.u3asurfcoast.org.au](http://www.u3asurfcoast.org.au)

Contact us: [info@u3asurfcoast.org.au](mailto:info@u3asurfcoast.org.au)

### Tales of the Sea

If you like a good yarn and have an interest in the sea, there is still room for you to join this class. If you can't attend the full program you might like to join us for a topic that holds a special interest for you. If so, just send an email to us at [info@u3asurfcoast.org.au](mailto:info@u3asurfcoast.org.au) and we'll add you to the attendance list for the particular day that you would like to attend. Here is the list of presentations:

9th March: **'Hell Ship' – story of the Ticonderoga 1852** (Toni McCormack)

16th March: **Sailing for Fun – an all-girl racing crew** (Jude Wegner)

23rd March: **Songs of the Sea** (Fiona Allpress)

30th March: **Sea Facts you didn't know about Corio Bay** (Rob Ganly)

6th April: **A Day in the Life of a Warship** (Joe Diffen)

### New premises

Grant Pavilion will be added to our venues this term. Classes will be held on the First Floor of the building. There are stairs and a lift. Parking is available in Sweeney Lane off Yallock which is on the far side of the football fields next to Merrijig Drive Torquay.

The following classes will be held at the Grant Pavilion:

**Strings & Things, Qigong, Yoga and Relaxation (Tuesday class with Barbara), Armchair Politics, Tai Chi Sword Forms, Tai Chi – Beginners, Yoga and Relaxation (Thursday class with Barbara)**

Please check the venues for your classes as many have changed. Some classes will be held in the Gittings Room or the Walker Room in the Lesley McQuinn Centre behind the TIA Hall at 12 Price Street Torquay.

### U3A Surf Coast Committee 2022/23

<i>President</i>	<i>Sue Crowe</i>
<i>Vice President</i>	<i>Richard Porter</i>
<i>Secretary</i>	<i>Marg Parsons</i>
<i>Treasurer</i>	<i>Baz Cock</i>
<i>Committee</i>	<i>Jennie Deneefe</i>
	<i>Richard Drury</i>
	<i>Kelvin Minerds</i>
	<i>Maria Romanella-Pheiler</i>
	<i>Jo Turnbull</i>